



Andrea Rose

*Day Spa
and
The Rose Cottage*

PERMANENT COSMETIC

Program Catalog

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INQUIRES AND QUESTIONS

All inquires about the Andrea Rose Day Spa should be address to Andrea Rose, 218 Court Street, Hot Springs, Arkansas 71901. Information within this catalog is current as of 26 September 2008 and will remain current and effective. Any changes of the content of this catalog will be sent to the education board in advance prior to the changes being effective.

ENTRANCE REQUIREMENTS

All students must be at least 18 years of age and have a high school diploma or GED. The ability to see a full color range is imperative on the part of candidates to ensure public safety and satisfactory procedures. Full dexterity of both hands is necessary to perform the procedures. An eye vision exam must be completed, with a correctable range of 20/20 with lenses; a medical screening stating that the student is free of any communicable diseases; and an Arkansas State Health Department Examination trainer license for permanent cosmetics (student license) along with the Blood borne Pathogen certificate that shows attendance and successful completion of the state class and test. Some sense of cosmetic artistry, professionalism, ability to work closely with clients and business acumen will help ensure the technician's career success. Students with a background in Esthetics, Facial Technology, Makeup Artistry, Cosmetology or Electrology have a distinct educational advantage and when using permanent makeup as an add-on service rather than an initial business, recoup their investment more quickly.

Those wishing to practice within Arkansas must meet the State of Arkansas 375 hour requirements. Andrea Rose provides 50 hours of classroom and 325 hours of practical for licensure in this state.

The Arkansas program generally takes 6 - 8 months to complete depending on the number of models the student assists in recruiting and how quickly this is done.

English language: Class is only available in English. All materials are only available in English.

CALENDAR OF EVENTS

The Andrea Rose Permanent Cosmetic School has no official beginning or ending dates. Classes start with the enrollment of the student. The schedule is 2 periods per week, with a total of 18 hours weekly. The scheduled periods are in accordance with Andrea Rose Day Spa hours of operation. All holidays are acted on by the Manager of Andrea Rose. Direct coordination with the Instructor for the periods scheduled for the student will be between the student and instructor. There are no semester, quarter, term or session observed by the Andrea Rose Permanent Cosmetic School. The student will be required to complete a total of 400 hours, broken down into 3 programs. There is no time limit, except the student must meet the requirement of 2 periods per week with a total of 16 hours per week.

CREDIT FOR PREVIOUS TRAINING

Previous training and/or education will be sent to and evaluated by the appropriate Arkansas State Board when an official transcript or other validating papers are received by Andrea Rose. The state of Arkansas requires a 6 month apprentice program of 350 hours regardless of previous experience or training.

CERTIFICATE OF COMPLETION

A Certificate of Completion suitable for framing and display and a state license for permanent cosmetics shall be awarded to each student who successfully completes all the course requirements, which includes passing a state written test (the student license exam), apprenticeship, and a state department of health practical application exam of procedures on a live model, and all hours have been successfully completed.

PLACEMENT & SUPPORT

As an industry standard, most permanent cosmetic professionals are self-employed. Guidelines will be provided during the course to assist students in preparing for this eventuality. These guidelines include business location selection, operations, lease negotiation and variations in set-up of practices. Andrea Rose is available to all of those students who satisfactorily complete training to assist in the establishment of their new career skills. The instructor is available to post-graduate students for support and problem solving by phone or email, as is most appropriate for the circumstances.

SCHOOL SCHEDULE, ENROLLMENT & DURATION

Students are taken on a limited basis. Dates and times for training are scheduled individually to fit them into the ongoing program. Students are taken on a space available basis because of the intensive supervision required for the hands-on portion of the training. While there may be homework, Arkansas has no allowance for home-study in their approved curriculum.

No classes will be scheduled over major legal holidays. Andrea Rose may be closed during trade shows, conventions or conferences so that the instructor and students can attend.

Curriculum For Training Technicians

- I. Introduction to Permanent Cosmetics
 - A. History of tattooing
 - B. History of tattooing as it applies to Permanent Cosmetics
- II. Introduction to course agenda and review instruction manual
- III. Sanitation and sterilization
 - A. Equipment
 - 1. Discuss sterilization
 - 2. Overview of other means of sterilization
 - 3. Disinfectants and antiseptics
 - B. OSHA and CDC guidelines regarding blood borne pathogens
 - C. Technician safety
 - 1. Hand washing
 - 2. Hepatitis B vaccination
 - 3. Gloves
 - D. Proper handling of devices, needles and pigments
 - E. Sanitary measures during procedure set up
 - F. Sanitary measures during procedure clean up
- IV. Machine theory
 - A. Overview of the different types of machines and devices available
 - 1. Operation and maintenance
 - 2. Use: speed, pressure, angle
 - 3. Trouble-shooting
 - B. Review machine for technical aspects
 - C. Evaluate capabilities of machine
- V. Needles
 - A. Appropriate needle selection and applications
 - 1. Groups
 - 2. Numbers and configurations
 - B. How mechanically used in the skin
 - C. Maintenance
 - 1. Check for damage
 - 2. Storage and disposal
 - 3. Preparation for sterilization
- VI. Introduction to equipment in tattoo kit
 - A. Assemble needle and tube into machine
 - B. Adjust needle for proper depth
 - C. Practice tattooing on pigskin or bananas
- VII. Color and pigment theory
 - A. Pigment Composition
 - B. Knowledge and use
 - C. Pigments

1. Preparation, mixing, formulas
2. Storage
- VIII. Tissue anatomy
 - A. Composition/layers
 - B. Diseases, disorders and conditions
 1. Infection
 2. Herpes
 3. Moles, warts, freckles
 4. Psoriasis, eczema
 5. Reactions
- IX. Client consultation
 - A. Client profile
 1. Analyze character of client and client selection
 2. Client expectations and limitations of each procedure
 3. Discuss overall aspects of permanent cosmetics
 - B. Medical history
 1. Identify potential medical problems for permanent cosmetics
 2. Determine when physician review is advised
 - C. Consent forms
 1. Discuss informed consent
 2. Liability issues
 - D. Answering common client questions
 - E. Scheduling appointments
 - F. Pre-Procedure instructions
- X. Client preparation
 - A. Pre-procedure care
 1. Preparing the client's skin
 2. Ways of marking the skin
 - B. Anesthetics (field blocks and topical)
 - C. Physician relationships
- XI. Procedure experience: Eyebrows, eyeliner, lip color, and beauty marks
 - A. Review issues
 - B. Facial morphology
 - C. Variations of feature enhancement
 - D. Simple guidelines
- XII. Observe procedures
- XIII. Hands-on supervised work with model
- XIV. Post procedure care and follow up
 - A. Healing process of skin
 - B. Forms and instructions
 - C. Scheduling follow up appointment
- XV. Trouble shooting
 - A. Technique
 - B. Equipment adjustments
- XVI. Photography

- A. Rationale
- B. Equipment and methods
 - 1. Clarity
 - 2. Presentation
- C. Office set-up
- D. Physical setting
 - 1. General equipment-table, chair, work surface, lighting
 - 2. Floor plan
 - 3. Building codes
- E. Marketing your business
- F. Basic business and marketing guidelines
- G. Building your business quickly
- H. Legal requirements
- I. Professional organizations and liability insurance

TUITION & FEE POLICY

Andrea Rose has 4 programs of training. The student must understand that the entire 400 hours must be completed in order to take the Arkansas Board of Health examination for a permanent cosmetic license. The prices for each program is as follows:

Program 1 Introduction to Permanent Cosmetics and Eyebrows

Tuition	\$1200.00
Registration fee	<u>\$ 100.00</u>
Total	\$1300.00

Program 2 Eyeliner

Tuition	\$1000.00
Registration Fee	<u>\$ 100.00</u>
Total	\$1100.00

Program 3 Lip Liner

Tuition	\$1000.00
Registration fee	<u>\$ 100.00</u>
Total	\$1100.00

Program 4 Full Lip Color

Tuition	\$1000.00
Registration fee	<u>\$ 100.00</u>
Total	\$1100.00

Additional Costs

Textbooks = \$ 50.00
 Lab Fee = \$ 350.00
 Equipment = \$1400.00

CANCELLATION AND REFUND POLICY

A full refund less the \$100.00 registration fee will be given to any student who cancels the enrollment contract within seventy-two (72) hours, excluding Sunday, Monday, Tuesdays, or legal holidays, after the enrollment contract is signed by the prospective student.

If an applicant is not accepted for enrollment, the applicant is entitled to a full refund of monies paid less an application fee not to exceed twenty-five dollars (\$25).

The student is considered as having entered training when the student has signed the required documents and paid the stated amount.

In the event Andrea Rose Day Spa discontinues a program or module in which the student is enrolled, a full refund of all tuition and fees will be refunded.

The registration fee, lab fee, all textbooks, and equipment are not refundable. All tuition amounts paid in excess of \$100 shall be refundable. The refund shall be based on the cost for each academic year of the program. All tuition beyond the current enrollment period shall be refunded when a student terminates.

(a) During the first twenty five percent (25%) of the program the refunds shall be made on a pro rata based on the total number of clock hours for which the program is licensed.

(b) At completion of 25% of the program the student owes 50% of the tuition.

(c) At completion of 50% of the program the student owes 75% of the tuition.

(d) At completion of 75% of the program the student owes 100 % of the tuition.

EQUIPMENT

Your started equipment kit is included in the program costs. The kit includes: pigment pen, sharps container, duration and TLC, 25 cases, 25 tips, 25 assorted needles, assortment of pigment colors, cap holder and caps, 1 box of gloves, 2 bags of cotton, nail brush, product applicators, Q-tips, toothpicks, individual packs of petroleum jelly and zinc. (some kits may vary slightly due to availability from the manufacture).

ATTENDANCE POLICY

Students will be required to attend all school days from the date of enrollment to graduation. Leave of absence will be granted in case of illness, death in the family or other cases where the Andrea Rose instructor approves the absence. Because of the intensive nature of the classes, tardiness is not acceptable. Students that are habitually tardy will be placed on probation for the remainder of the module. Any student that has more than 3 periods of “no show” will be terminated from the enrolled course (see Refund Policy).

GRADING SYSTEM

No traditional grades are offered. The written tests require 75% correct answers for passing grade and must be passed before the student is allowed to challenge the Arkansas certification. Understanding of techniques, color, safety and sanitation as well as other related issues will also be evaluated and reinforced by oral questions and hands on work in the classroom and on models. There will be a final examination on theory and will require a 75% passing grade.

PROGRESS STANDARDS

Students must maintain satisfactory progress while enrolled in training. Each student is evaluated during each phase of the class. If a student's comprehension or performance falls below the passing level of 75%, re-evaluation or additional time will be recommended for practice and study before conclusion of the program. If the student chooses not to bring their skills/understanding up to a level that allows them to safely perform services, no certification will be granted even though they may complete other requirements. Records are kept by the school and are available to the student as required by Arkansas law.

About the Instructor

Gloria Hansen is a licensed Aesthetician, a licensed Nail Technician, a board certified Permanent Cosmetic Master and Arkansas certified Permanent Cosmetic Instructor. Gloria has been accepted in numerous Who's Who organizations for business and presently is a board member of the United States Congress Republican Businessman Association. She has 24 years of business experience and expertise in the permanent cosmetic and esthetic industry.



Training

Andrea Rose offers training to prepare students for licensure and for a career as a permanent cosmetic practitioner. In order to receive a certification of completion, and be eligible for insurance, you must complete the Arkansas Permanent Cosmetic course. We offer a detailed curriculum which, not only adheres to these guidelines, but will teach you how to set up and market your business with confidence.

The course includes a customized kit complete with a state-of-the-art permanent cosmetic pen from Premier Pigments. During our training you will be working with your new equipment from the very first day.

Cosmetic Procedures

The most common cosmetic procedures are eye brows, eye liner, lip liner, and full lip color. Medical tattooing consists of reconstructive camouflage and repigmentation. Medical Tattooing is not taught during this course.

Camouflaging can take two different courses. Either a traditional tattoo can be applied over the discoloration or scar or the skin can be re-toned to more closely match the surrounding area.

Re-coloration is most successful on those areas not exposed to the daylight on a regular basis. The surrounding skin will change color from UV exposure, even if protected by sun block, but the tattooed area will not change with it.

Persons wishing camouflage procedures should be aware this process is not a quick one. Visits are scheduled monthly as the skin must heal completely before more skin tone nuances are added. Success requires time and commitment on the part of both the client and the technician.

Camouflage is not successful in hiding "hyper pigmentation" (dark spots on the skin). This is better achieved by a topical camouflage product or integrating the area into a traditional tattoo design.

Eye Liner



Define and shape a fuller, natural lash line resembling thicker eye lashes, or create a makeup look, eliminating the need to use pencils and liquid liners.

Eye Brows



Soft feather-like strokes can be blended with existing hair for a natural look or create a shapely brow from little or no hair at all.

Lip Color/Lip Liner



Natural shades enhance the perfect lip color or just line the lips to give more definition. Lips can also be reshaped to create balance or to appear fuller.

Medical Procedures

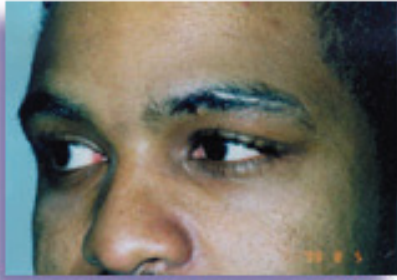
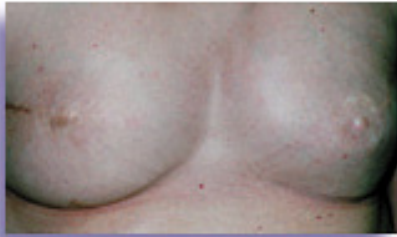
(Not taught within this course)

Medical tattooing offers patients the opportunity for restoration through camouflaging and repigmentation of the skin from the affects of alopecia, cancer, burns, and breast and areola reconstruction. Shown here are examples of areola reconstruction, scar repigmentation, vitilio and tattoo camouflaging.

Areola Re-coloration

Women who have had to undergo mastectomy and re-constructive breast work often find the resulting areola color to be far different from their natural remaining breast. This technique, with the aid of topical anesthetics, restores color to the faded tissue and re-creates a much more natural appearance. For those who hate their scars - these too can be beautified. Our personal experience means we understand what you have gone through and your very personal desires to look your best. Pre-service consultations are required o

we can best assess your needs and ensure the best possible



results.

About Andrea Rose



Welcome to **Andrea Rose** and the **Rose Cottage**. Nestled in the heart of downtown Hot Springs, high on the side of a bluff, sits “the Ladies of the court”. Three elderly Victorian Roe houses with a unique history of their own. This is the setting of **Andrea Rose Day Spa** and the **Rose Cottage**. Let the hustle and bustle of downtown pass you by as you relax and rejuvenate your mind, body, and soul in this serene setting that is built right in to West Mountain. While at **Andrea Rose** and the **Rose Cottage**, commune with nature in one of the garden terraces; sit by a gentle water fall; relax in a hammock; soak in a hot tub, even a hot mud soak can easily be arranged. Step inside and travel back to a slower, quieter, gentler era that combines ancient secrets and methods with modern science to achieve a complete mind, body, soul experience with a holistic approach. For an hour or for a week, we can help you regain the balance in your life. It is a place where you can indulge your senses and relax in beautiful and natural surroundings; a place you can reconnect with nature while you relax, refresh, and rejuvenate. **Andrea Rose** is a place to be pampered, nurtured, and healed. A place to gather with friends or a place to achieve blissful solitude.

The Andrea Rose Day Spa is located at 218 Court Street, Hot Springs, AR 71901, with a 400 square foot room for apprenticeship, a lounge and break area, and numerous client facility rooms; with all of the latest equipment and amenities needed for a relaxing learning environment. All of the equipment used is state of art and most updated that Premier Pigments can provide. The permanent cosmetic room has 2 client beds, woods lamp, and everything that is needed to perform any procedure wanted.